

Friends of the Horsham  
Library bring you

**\*The Great American  
Diet Makeover**

with Christina Pirello  
Tuesday, May 6, 2008  
6 - 9:30 PM

*Participants must arrive by 6:15*



Friends of the Horsham Library welcome Christina Pirello, Emmy Award-winning host of **Christina Cooks** on PBS and the Comcast Network, conducting a 3-hour demonstration cooking class/lecture at the library Tuesday, May 6 from 6:30 to 9:30 PM. She will discuss our health and how to make and prepare healthier options for you and your family, demonstrating how to prepare healthier versions of some of our favorite foods using her famous "whole foods" approach.

Audience is limited to 50 participants. Tickets are \$30 per person and include 1 free raffle ticket (with the option to purchase more) for a drawing at the end of class. The drawing may include books, cooking classes and small kitchen tools. Each participant will have a chance to sample all the delicious dishes Christina cooks that evening. Recipe handouts will be provided for everyone.

At the end of the program participants will have an opportunity to meet Christina, get her autograph, and purchase copies of her books: *Cooking the Whole Foods Way*, *Christina Cooks*, and *Glow*. (Cash or checks accepted, sorry no credit cards.)

*Due to the nature of this event, there will be a 72 hour cancellation policy. To cancel, telephone the library at 215-443-2609, ext. 205 no later than May 2.*

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### Registration

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

# of participants: \_\_\_\_\_ at \$30 each = \$\_\_\_\_\_

*Please make checks payable to "Friends of the Horsham Library"*

*Registration deadline is April 28, 2008.*

*Bring your registration to the library's main desk or mail to "Friends of the Horsham Library, 435 Babylon Rd., Horsham, PA 19044-1224."*